

# **Precious Minds**

Bringing CARE, SUPPORT & HOPE to individuals with developmental disabilities and their families since 1999.

Fall 2020 NEWSLETTER

Summer Programming! Despite some significant changes to our summer plans we were able to provide some meaningful virtual and community based programming that focused on various life skills, creative adventures, building friendships and most importantly having FUN! A big thank you to our summer students Shakira Buren, Sarah Hughes, Elizabeth Runnalls, and Rachel Gottschling for their leadership, commitment, and flexibility as we navigated our way through this summer. We are truly grateful for the support of the Canada Summer Jobs Program, iHeart Community Fund, and Brock & Uxbridge Townships. We are excited to see everyone again in Summer 2021!

Fall Programming! Similar to summer programming, our Fall programming will look a little different. At this time we are unable to use our regular programming spaces. Our plan is to continue with both virtual and community programming this fall. We'll meet at Elgin Park and utilize the beautiful outdoor space until Thanksgiving and will update you on plans moving forward as they develop. We are excited that Bowling will be running with some changes!

Check out our program offerings listed below, for more details visit www.preciousminds.com.

## Fall Programs

Program Coordinator, Sandy Ianuzzo (sianuzzo@preciousminds.com)

### **LEGO™ & Walking Adventures**

Together, participants will build a LEGO<sup>TM</sup> project and then head out for a walk in the Park!

Location: Elgin Park, Uxbridge Tuesday: Sept. 15 - Oct. 6

Ages: 7-12 yrs.

Time: 4:00pm-5:15pm

Cost: \$80.00

## **Super Strikers Bowling**

A Tuesday evening gathering to encourage friendships and hone our bowling skills!

Location: Uxbridge Bowl, Uxbridge

Tuesday: Sept. 8 - December 8

Ages: 12 yrs.+

Time: 7:00pm-8:00pm

Cost: \$160.00

#### Kids & Teens @ Home

A Virtual group via Zoom! Games, stories, and a focus on healthy snacking ideas.

Location: Your Home!

Tuesday: Sept. 15 & Sept. 22

Ages: Kids & Teens

Time: 11:00am-12:00pm

Cost: donations gratefully accepted



# 15th Annual Golf Tournament

Visit our website today at www.preciousminds.com to learn more about our upcoming Golf Tournament in support of Precious Minds Programming! Sponsorships Available!



Precious Minds is
Thankful for the Support
Of the Following
Grantors







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#### **FALL NEWSLETTER 2020**

Skills for Life - Adult Day Program
Program Coordinator, Melissa Hutchins
(mhutchins@preciousminds.com)



The Skills for Life - Adult Day Program was created in 2015 to provide meaningful, daytime opportunities for adults with developmental disabilities. Members in the program engage in a variety of educational, physical, recreational, and creative activities in a positive environment while creating community and having fun together!

Location: Elgin Park, Uxbridge Tuesday: Sept. 8 - Oct. 6 and/or

Thursday: Sept. 10 - Oct. 8

Ages: 18 yrs. +

Time: 9:00am - 12:00pm

Cost: \$150.00

Our Virtual
Chit Chat Cafe
will continue in
the Fall. More
information
coming soon.

For more details about the Skills for Life Program, please visit: www.preciousminds.com/programs

How to Register for a Fall Program! Precious Minds does not want program fees to be a barrier to participation, so payment options are available. A minimum number of participants are required in order to run all programs. Once registration is confirmed by the Program Coordinator, payment can be made to Heather Goldsmith, Administrative Coordinator at Precious Minds. Payments can be made via eTransfer (admin@preciousminds.com), Credit Card or by Cheque (made payable to Precious Minds).

New to Precious Minds? Please contact the appropriate Program Coordinator to begin the intake process and determine which programs are the right fit for your family member.

To learn more about Precious Minds and the programs and services we offer, visit: www.preciousminds.com, or call 905.982.0882 and Heather will direct you to the appropriate person.

Important Dates!

PM Golf Tournament
September 23

Family Hike

September 16

**AGM** 

Date/Location to be confirmed

Employment Opportunity!

We are now accepting applications for

Program Lead - Fall Programming

For more information visit: www.preciousminds.com/joinourteam

## Coming Soon!

We are working on adding a Parent Resource Section on our website with helpful links and resources. It will also include a list of books donated by the Rotary Club of Uxbridge that can be signed out.

# Looking for Ways to Support Precious Minds?

Become a Monthly Donor or Make a One-Time Donation In Support of our Programming www.preciousminds.com/donate

Volunteer! We are currently looking for Board, Fundraising and Family Support Committee Members www.preciousminds.com/joinourteam

Follow us on Instagram and Facebook @ PreciousMindsSS

